



## Scottish Schools Orienteering Festival 2026

Thursday 4<sup>th</sup> June, Beecraigs Country Park, Linlithgow



### What is Orienteering?

Orienteering is an outdoor adventure sport that combines physical activity with navigation. Participants navigate through a series of checkpoints in a specific order, choosing their own route between them. In competitive orienteering, the fastest time to complete the course wins.

Orienteering offers important life skills and ties in with many areas of the curriculum, including spatial awareness, planning, confidence and decision making. It is a sport that often appeals to those less drawn to traditional team sports. Being navigationally accurate is often more important than running fast!

### What should I expect at the Scottish Schools Orienteering Festival?

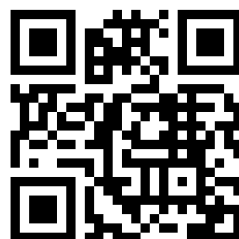
The festival has a relaxed, welcoming environment. Pupils will have the opportunity to complete an orienteering course suited to their age and race other pupils from across Scotland. They can compete as an individual or in a pair or trio. There will also be time and space for pupils to socialise and play whilst not competing - there will also be a free orienteering maze!

### How Should I Prepare for the Festival?

The 'Let's Get Started' resource on the Scottish Orienteering website is a great start. The materials give you step by step lesson plans to introduce the key skills pupils need to successfully get round an orienteering course. Permanent orienteering courses (POCs) can also be a useful resource for practice. More information on POCs, your local club and events can be found on the Scottish Orienteering website.

### Sign Up

Scan the barcode for the sign up forms and more information. If you need any help please contact [louise@scottish-orienteering.org](mailto:louise@scottish-orienteering.org). Deadline for entries and payment is **Thursday 28<sup>th</sup> May**.



Sign up forms - on  
the SSOA website



Let's Get Started resource -  
<https://www.scottish-orienteering.org/?s=lets+get+started+orienteering>