



Scottish Schools Orienteering Festival 2025

Thursday 5th June, Pittencrieff Park, Dunfermline



What is Orienteering?

Orienteering is an outdoor adventure sport that combines physical activity with navigation. Participants navigate through a course to find designated control points in a specific order. In competitive orienteering, the challenge is to complete the course in the quickest time.

Orienteering offers important life skills and ties in with many areas of the curriculum including spatial awareness, planning, confidence and decision making. ASN children and those who don't enjoy team sports often enjoy orienteering. Being navigationally accurate is more important than running fast!

What should I expect at the Scottish Schools Orienteering Festival?

The festival has a relaxed carnival-like atmosphere. Pupils will have the opportunity to complete an orienteering course suited to their skill level. They can go round a course individually in a pair or a trio. After their course they can enjoy orienteering activities.

How should I Prepare for the Festival?

The '*Let's Get Started*' Resource on the Scottish Orienteering website is a great start. The materials give you step by step lesson plans to introducing the key skills pupils need to get round an orienteering course. Permanent orienteering courses can also be a useful resource for training. More information on permanent courses and your local club and events can be found on the Scottish Orienteering website.

Sign Up

Scan the barcode for the sign up forms and more information. If you need any help please contact Louise@scottish-orienteering.org. Deadline for entry is 26th May.



Sign up forms -
<https://forms.gle/FqoW7ZSTtcTHsgwB6>



Let's get Started Resource -
<https://www.scottish-orienteering.org/?s=lets+get+started+orienteering>